Surrey and Borders Partnership NHS
NHS Foundation Trust

Trust Head Quarters
18 Mole Business Park
Leatherhead
KT22 7AD

Tel: 01372 216216
Fax: 01372217117

JOB DESCRIPTION / PROFILE

Job Title	Art (s) -Psychotherapist
Payband/Grade	AfC Band 7 WTE 0.4
Directorate	Adult Community Services
Job Description Reference	

My job makes better lives by promoting health recovery and independence for people who use our services who present with Complex Mental Health difficulties. You will provide Arts Psychotherapies assessments and treatments in community settings-, according to need and operating within a hub and spoke model of service delivery ensuring NICE compliance and equity of access to our specialist services/treatments in Adult Community Services.

Job Overview
This role will also be responsible for delivering arts therapy provision and supporting the leadership of the arts therapy provision across the division, by ensuring relevant clinical supervision is provided to staff, standards of service provision are set, monitored and maintained and that people, who use the service, and their carer's, are involved in the service in the way they wish to be.

The postholder will be expected to work flexibly across the available community bases and adult community services, as need arises.

NHS Competency	Level
Communication	4
Personal and People Development	3
Health, Safety and Security	2
Service Improvement	3
Quality	3
Equality and Diversity	3
IT skills	3
Statutory Requirements	
HCPC registered professional	
Professional Body Registration	

SABP Leadership Competency	
Strategic Leadership	2
People Leadership	2
Performance Leadership	2
Personal Motivation	2
Values	
Treat People Well	
Create Respectful Places	
Involve not Ignore	
Open, Inclusive and Accountable	

Qualifications required

Essential

- Honours Degree
- MA/MSc in Art Psychotherapy, Music Therapy, Dramatherapy OR Integrative Arts Psychotherapy
- HCPC Registration
- UK driving license and access to vehicle for work purposes to travel to multiple sites

Desirable

- Additional academic clinical qualification relevant to area of work. [eg; Mentalization-Based Therapy (MBT), Dialectical Behaviour Therapy (DBT), Structured Clinical Management (SCM), Eye Movement Desensitisation and Reprocessing (EMDR)].

Experience required

- Relevant post qualification clinical experience of Complex Mental Health conditions including Neurodiversity (diagnostic overshadowing)

Suitable for someone who is passionate about ensuring a high-quality holistic therapy approach to the provision of care and support for people with complex mental health challenges in the community who have been identified as being in need of Arts Psychotherapies.

Key Responsibilities

Leadership

- To deliver a specialist Art(s) Psychotherapy service in adherence to good clinical governance and monitoring its effectiveness to ensure high clinical standards are both maintained as well as innovated in line with research and evidence-based practice.
- To contribute to the professional leadership and continued development of Arts Psychotherapies.
- To provide clinical supervision and contribute to Individual Performance Review/Appraisal of arts psychotherapies staff and trainees; having already undertaken, or willingness to undertake, supervision training as provided by the Trust or relevant professional arts psychotherapies association.
- To ensure that the healthcare needs of people with complex mental health problems are communicated to fellow clinicians, family and carers as appropriate.
- To positively contribute to divisional developments in relation to arts therapy practice. To advocate and represent the service.
- To contribute to the development and implementation of appropriate policies, protocols, and care pathways.
- Contribute to appropriate staff recruitment of lower banding and participate in wider strategic plans regarding arts psychotherapy recruitment (paid, honorary, trainee).
- To ensure that the needs of people with protected characteristics are addressed within current local services and future developments.
- To contribute to service development in line with wider strategic plans of SABP Trust.

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Clinical

- To demonstrate and dynamically maintain specialist expertise and skills when providing treatment supporting people who use our services.
- To apply said expertise and skills to maintaining their own psychological health and wellbeing as outlined in HCPC standards of proficiency in regard to self care.
- To actively involve people in developing and agreeing their own care plan, undertaking comprehensive risk assessments and developing effective risk management plans accounting for dynamic risk.
- To balance clinical caseload involving direct and indirect activities, related administrative tasks and timekeeping.
- To ensure there is proper regard for dignity, choice, self-esteem and diversity preferences for all people using our services.
    - Establishing and maintaining effective relationships with colleagues, other agencies, and people who use services and their families.

Professional

- To be professionally and legally responsible and accountable for all aspects of clinical work and care. To maintain high standards of care in all areas of practice in accordance with the HCPC Code of Conduct and Standards of Proficiency, professional guidelines and Trust Policies and Procedures. To act within the Mental Health Act and Mental Capacity Act (2005).
- To be aware of and implement Safeguarding Adult and Child Protection Policies, Procedures, and legislation.
- To act as practice assessor/supervisor/teacher when teaching, facilitating, and supporting trainee therapists and junior personnel and to participate in the audit of educational placements. To participate in new staff induction.
- To participate meaningfully in one's own Individual Performance Review/Appraisal, management supervision, and available trainings which support career development.
- To research national best practice and enable services to benchmark practice against local and nationally recognized standards - in partnership with people who use our services.
- To participate in clinical audit and research, maintaining current knowledge of research findings and development within the field of psychological, research and evidence-informed practice.
- To lead in quality assurance activities as required & to develop, implement and monitor interventions driven by government and trust strategy:
- Develop and provide a range of specialist teaching/training packages which can be delivered to a range of multi-disciplinary audiences, forefronting our Arts Psychotherapies service as a value-added service.

Communication

- Provide and receive highly complex, sensitive information from individuals who may not have previously benefited from other talking therapies.
- To liaise effectively with a wide range of internal and external stakeholders sharing complex information where appropriate.
- To adapt methods of communication, as and when necessary, to the greatest degree possible, to both support and enhance effective therapeutic engagement.

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Additional Responsibilities – Adult Community Services – Integrated Community Teams

- To practice within a trauma informed care framework.
- To work within the framework of the three Adult Community service functions, Brief Interventions for Significant Need; Complex Needs SMI and Recovery; and/or Later Life Frailty and Dementia.
- To work with partners within integrated neighbourhood teams, including Voluntary and Community organisations, Councils and NHS providers, focusing on coordinated care and personalised services to prevent illness, reduce inequalities, and support the goals of the Community Mental Health Framework and Fuller Stocktake report.

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