

**The British Association of Dramatherapists presents:**



# *Introduction to Dramatherapy*

Saturday 9<sup>th</sup> November 2019 – 10.30 to 16.45 (Coffee and registration from 10.00am)  
Venue: Central London (Map and directions will be sent with booking confirmation)

***The day will be relevant to anyone interested in the theory and practice of Dramatherapy, and curious about finding out more***

The day will aim to give participants a flavour of what dramatherapy is, how it works, what might happen in a session, and the impact and outcomes of dramatherapy for the client.

The day will be a combination of presentations as well as experiential workshops.

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| 10.00       | Coffee and Registration  |
| 10.30-11.00 | Introductions. Expectations. Overview of the day. Warm-up.   |
| 11.00-12.00 | Presentation with slides from dramatherapy group case-work to provide a context. Demonstration of some techniques used in dramatherapy.                          |
| 12.00-12.15 | Coffee break (15 mins)   |
| 12.15-13.15 | Experiential workshop for participants to try button sculpting, body sculpting and role play.  |
| 13.15-14.00 | LUNCH  |
| 14.00-15.05 | Presentation: 'Hard to Reach - Hard to Teach' an in-depth case study of a child's journey through dramatherapy amidst the everyday bustle of his Primary School. |
| 15.05-15.15 | Coffee break (10 mins)   |
| 15.15-15.30 | Q and A from the presentation (15 mins)  |
| 15.30-16.00 | Employment opportunities for dramatherapist<br><br>Brief overview of the training bodies.  |
| 16.00-16.15 | Q and A from the day   |
| 16.15-16.45 | Evaluation forms and close   |

After a basic introduction to dramatherapy, Domini will use case material from her group-work with mothers with postnatal depression to demonstrate some basic techniques that could be used in dramatherapy, such as small object sculpts, body sculpts and simple role play. Participants will have an opportunity to experience some of these techniques for themselves in a hands-on workshop.

In the afternoon, Domini will be present a case study of a 7 year old boy who was referred for dramatherapy due to attachment issues. It will demonstrate how dramatherapy and play can be used with a child and his parents to bring about emotional and behavioural change.

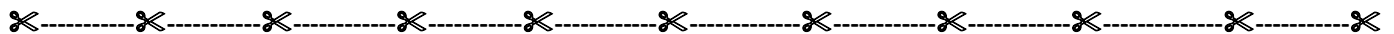
The closing workshop will explore the employment opportunities available to dramatherapists and the variety of ways a dramatherapist can practice. For those who are interested in dramatherapy training, there will be an overview of the training bodies and how they differ.

*Domini Barry trained as a dramatherapist in 1993 at the University of Hertfordshire and has over 20 years' experience of working with adults and children. As a freelance dramatherapist, she has worked in Schools, the Youth Service, Children's Centres and Community Centres providing both one-to-one and group dramatherapy.*

*Domini has a particular interest in Perinatal Mental Health and set up a postnatal therapy programme for mothers with Postnatal Depression. These therapy groups are now in their 15th year and have recently been commissioned by the NHS.*

*Domini also runs parenting sessions for families whose children have emotional and behavioural problems, and runs a small private practice in Bath.*

*Domini offers supervision and training workshops in arts-based psychotherapy and her work has been published in the 'Journal of Dramatherapy'. She has run dramatherapy workshops for Wessex Counselling and Psychotherapy Service and the British Association of Dramatherapists and has presented 3 papers for The Analytic Network in Bath.*



## **BOOKING FORM – Introduction to Dramatherapy, London, Saturday 9<sup>th</sup> November 2019**

**There are limited places for this workshop (email: [info@badth.org.uk](mailto:info@badth.org.uk) - Tel: 01242 235 515).**

In order to secure your place, please send your form and cheque made payable to 'BADth' for the total fee to: BADth, P.O.Box 1257, Cheltenham, Gloucestershire, GL50 9YX or return the form by email and send your payment by bank transfer, ensuring you use your name as a reference to:

Triodos Bank. Sort code: 16-58-10 Account Number: 02179900. Account name: BADth

Name:..... Profession:.....

Phone: .....Email:.....

Job title..... Organisation.....

Special requirement.....

### **PRICE INCLUDES REFRESHMENTS BUT LUNCH WILL NOT BE PROVIDED.**

**BADth member (£95)       Membership no:.....      Non-member (£115)**

**Please note that we are unable to refund your fee or to transfer your place to another person or another date. A receipt, map, directions and further information will be sent to you when we have processed your booking.**