

# Introduction to Basic Research Skills for Dramatherapists – a BADth CPD day

Saturday 9<sup>th</sup> March 2019 - 11.00-17.30 (registration 10.30)



**Location: Central London (directions/receipts will be sent on receipt of payment)**

This Introductory workshop will be a mixture of teaching, small group discussion and practical exercises introducing a range of basic research skills for Dramatherapists. The day will be of relevance for those interested in understanding more about how to go about conducting research or for those who wish to develop their confidence in reading and understanding research. The day aims to offer a stimulating and engaging look at our attitudes and perceptions of research as we begin to identify the skills required to engage in research activities related to our practice and profession. Participants will be introduced to a range of basic research skills and will leave the workshop with a clear plan on how to proceed with their research related interests. This will include having knowledge on how to access further online learning to develop research skills and ideas. Some prior reading is required before attending and is likely to take between 4-6 hours.

## **Programme for the day:**

**11.00 - 13:00** - The morning will consist of presentations, discussions and small group exercises focusing on understanding the following -

- Our attitudes and perceptions of research and why research matters
- Reading and understanding research
- Choosing a research question
- Undertaking a review of the literature

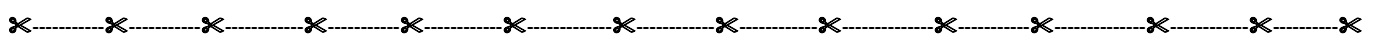
**13:00 - 14:00 Lunch**

**14:00 - 17:30** – The afternoon will consist of presentations, discussions and small group exercises focusing on understanding the following -

- Introduction to research methodology
- Design, method, sampling and ethics
- Putting together a proposal

*Holly Dwyer Hall is a Dramatherapist and accredited MBT Practitioner with Adults, Families and Adolescents and a MBT-A Supervisor and MBT- F Trainer. Holly has over 18 years' experience in providing assessment and therapy for children, adolescents, adults and families presenting with mild through to complex needs across a variety of settings. She has worked in the NHS in Child and Adolescent Mental Health Services (CAMHS) and as part of an Arts Psychotherapies Service providing individual and group Mentalization Based Arts Therapy for adults with a diagnosis of Borderline Personality Disorder and has experience in implementing and using a range of Outcome Measures in these and other settings. Holly is currently undertaking her Doctorate in Psychoanalytic Psychotherapy with Children and Adolescents and is researching ruptures in the working alliance. She is a clinical supervisor and trainer and has lectured and presented for Arts Therapies Courses and conferences in the UK and Internationally. Holly is a member of the BADth Research Sub-Committee.*

**PRICES: BADth members: £95 - BADth Student/Retired members: £85.50 - Non-members: £115**



**BOOKING FORM – Introduction to Basic Research Skills for Dramatherapists – 9<sup>th</sup> March 2019**

**There are limited places for this workshop (email: [info@badth.org.uk](mailto:info@badth.org.uk) - Tel: 01242 235 515).**

In order to secure your place, please send your form and cheque made payable to 'BADth' for the total fee to: BADth, P.O. Box 1257, Cheltenham, Gloucestershire, GL50 9YX or return the form by email and send your payment by bank transfer to: Triodos Bank. Sort code: 16-58-10 Account Number: 02179900. Account name: BADth

Name:.....

Phone: .....Email:.....

**PRICE INCLUDES REFRESHMENTS BUT LUNCH WILL NOT BE PROVIDED.**

BADth member  BADth Student/Retired member  Membership no:..... Non-member

**Please note that we are unable to refund your fee or to transfer your place to another person or another date. A receipt, map, directions and further information will be sent to you when we have processed your booking.**