

# Blossoming – Dramatherapy for people with profound and multiple disabilities – a BADth CPD day with Mary Booker



**Saturday 6<sup>th</sup> April 2019 - 10.30-17.00 (registration 10.00)**

**Location: Central London (directions/receipts will be sent on receipt of payment)**

This day will be a mix of workshop, sharing and discussion around being a dramatherapist with this challenging and rewarding client group. It will be facilitated by Mary Booker, who spent many years developing her own approach to this work and has written about it in *Developmental Drama* (2011, Jessica Kingsley). She is clear in her book, and will be on the day, that she is not an expert with answers. Her aim will be to empower others to find their own creative place within the work.

Mary sees dramatherapy with this client group, not as healing, but as promoting development and enabling “blossoming”. It is all grounded in the assumption that everyone can continue to develop, albeit in their own way and at their own pace. The dramatherapist’s challenge is to support clients’ communication, emotional and social development in accessible, creative ways. These approaches can be applied to people with severe autism as well.

Every person with profound & multiple disabilities is a unique mix of abilities, impairments and life experiences, and the dramatherapist can often feel like they are “working in the dark” with them. Relationship and a shared understanding take time. There are techniques and approaches worth experimenting with that Mary can share with participants and participants can share with each other. Participants should bring their own experiences and difficulties encountered in this work – their doubts and fears, as well as their joys and highlights. Those new to this work are also welcome.

It is hoped that participants will leave with renewed enthusiasm and a sense of some new ways forward to help their clients to blossom.

*Mary Booker has been a dramatherapist since 1988 and was a lecturer and trainer on the Devon-based MA in Dramatherapy for 25 years. She practiced freelance with a wide range of client groups for 10 years, followed by 11 years working in a specialist education setting for multiple disabilities and sensory impairments. This later work is described in *Developmental Drama, Dramatherapy Approaches for People with Profound or Severe Multiple Disabilities, Including Sensory Impairment* (2011) Jessica Kingsley Pub. Mary is currently in private practice, offering both therapy and process supervision.*

**PRICES: BADth members: £95 - BADth Student/Retired members: £85.50 - Non-members: £115**



## **BOOKING FORM – ‘Blossoming’ dramatherapy for people with profound & multiple disabilities– 6.4.19**

**There are limited places for this workshop (email: [info@badth.org.uk](mailto:info@badth.org.uk) - Tel: 01242 235 515).**

In order to secure your place, please send your form and cheque made payable to ‘BADth’ for the total fee to: BADth, P.O. Box 1257, Cheltenham, Gloucestershire, GL50 9YX or return the form by email and send your payment by bank transfer to: Triodos Bank. Sort code: 16-58-10 Account Number: 02179900. Account name: BADth

Name:.....

Phone: .....Email:.....

**PRICE INCLUDES REFRESHMENTS BUT LUNCH WILL NOT BE PROVIDED.**

BADth member  BADth Student/Retired member  Membership no:..... Non-member

**Please note that we are unable to refund your fee or to transfer your place to another person or another date. A receipt, map, directions and further information will be sent to you when we have processed your booking.**